

Level of Care Chart

A Guideline for Care When Needs Present

Using the ADL and IADL List, determine needs for care based on the following:

	RECOMMENDED CARE	RESPONSE IN EMERGENCIES	ADL FUNCTION	MEALS/HOUSEKEEPING	SOCIALIZATION	MENTAL STATUS	FAMILY CONCERNS
INDEPENDENT	Recommended: socialization and minimal homemaking assistance, if desired. No other care needed.	Independent in an emergency. Able to negotiate stairs in an emergency.	Able to accomplish all ADL without intervention. <ul style="list-style-type: none"> • Bathe and dress • Ambulate/walk • Toilet • Eat • Take medications • Communicate 	Meals/housekeeping assistance helpful.	Able to independently plan social activities.	Oriented to self. No memory.	Does not medically "need" assistance or care.
MEDIUM ASSIST	Recommended 5 hours 2-4x/week for socialization and homemaking assistance.	Able to respond in an emergency.	Walks/transfers independently. Infrequent falls. ADL: independent to verbal reminders. Independent w/medications and doctors' appointments. Continent bowel bladder. Independent baths.	Meals/nutrition/housekeeping assistance helpful.	Would benefit from socialization and activities. Minor encouragement.	Oriented to self. Little memory.	Family slightly concerned.
STAND-BY ASSIST	Recommended 6-8 hours 4-7x/week for socialization, meals, personal assistance and homemaking.	May need assistance in an emergency.	Transfer: stand-by assist may be needed. ADL: reminders to verbal cues; medication mgmnt. helpful; occasional incontinence assistance; bathing set-up helpful.	Meals/nutrition/housekeeping assistance helpful.	Reminders/encouragement to participate in activities.	Mild memory.	Family concerned.
HANDS-ON ASSIST	Recommended 8-12 hours 5-7x/week for socialization, meals, personal assistance and homemaking.	Needs assistance in an emergency.	Transfer: one-person assist usually needed. ADL: verbal cues to hands-on assist; medication mgmnt.; incontinence mgmnt.; bathing assistance needed.	Meals/nutrition/housekeeping assistance needed.	Encouragement/escort to participate in social activities.	Impaired memory. Poor orientation. Mild confusion.	Family very concerned; have to do something.
TOTAL ASSIST	Recommended 24 hours 7x/week for safety, socialization, meals, full assistance and homemaking.	Needs supervision in an emergency.	Transfer: mechanical lift/two-person transfer/bedfast. ADL: hands-on assistance; medication/behavior mgmnt.; bathing assistance.	Verbal cues/hands-on assistance to eat.	Encouragement/escort to activities or one-on-one activities or visits.	Needs 24-hour.	Needs continuous assistance.